

Should you be referred for a lung transplant? (1 page summary)

My opinion of the options, benefits, and risks.

Reasons to Choose				
No referral for lung transplant		How much it matters	Referral for lung transplant	How much it matters
You avoid the early risk of death from transplant [3 in 100] and the long term chance of chronic problems such as rejection [50 in 100]; diabetes [5-10 in 100]; cancer [4-5 in 100]; kidney failure [1-2 in 100]			You have a better chance [78 in 100] of surviving for 3 years or longer if you have a transplant compared to no transplant [50 in 100]	
You avoid the hassle, stress, and worry of new care team extra tests being on the waitlist surgery, pain and discomfort in hospital recovery taking multiple pills to avoid rejection possible stay in another city			You are likely to be less short of breath soon after a transplant. You may feel better with new lungs and you may: breathe easier with less cough; be able to exercise and go back to work or school; have more energy; be able to reach goals and dreams; spend less time on intensive treatment than would be needed if you had your own lungs	
Other reasons:			Other reasons:	

Which option do you prefer?

Not to be referred for lung transplant
 I am unsure
 To be referred for lung transplant

Find out what else you need to prepare you for decision making.

		Yes	No
Sure of myself	Do you feel sure about the best choice for you?	<input type="checkbox"/>	<input type="checkbox"/>
Understanding information	Do you know the benefits and risks of each option?	<input type="checkbox"/>	<input type="checkbox"/>
Risk-benefit ratio	Are you clear about which benefits and risks matter most to you?	<input type="checkbox"/>	<input type="checkbox"/>
Encouragement	Do you have enough support and advice to make a choice?	<input type="checkbox"/>	<input type="checkbox"/>

How well this decision aid helped you learn the key facts.

- Which option has the greatest chance of relieving advanced CF lung symptoms?
 Lung transplant Not having lung transplant Both are about equal I am unsure
- Which option has the greatest chance of chronic complication at 5 years?
 Lung transplant Not having lung transplant Both are about equal I am unsure
- If 100 people with cystic fibrosis decide not to be referred for lung transplant, about how many will be alive in 2 to 3 years?
 between 1 and 10 between 11 and 40 between 41 and 60 between 61 and 100 I am unsure
- If 100 people with cystic fibrosis have lung transplantation, about how many will be alive in 3 years?
 between 1 and 10 between 11 and 40 between 41 and 60 between 61 and 100 I am unsure