

## Sample Tool: Values (Tamoxifen)

### D. The things that are important to me when making a decision about tamoxifen

Below are listed some things women consider when deciding about taking tamoxifen to lower their risk of breast cancer. Please show how important these are to you by circling the number from 0 (not at all important to me) to 10 (extremely important to me) in making your own decision about taking tamoxifen.

1. How important is knowing your risk of breast cancer?

0	1	2	3	4	5	6	7	8	9	10
not at all important to me								extremely important to me		

2. How important is the benefit (pro) of lowering your risk of breast cancer by taking tamoxifen?

0	1	2	3	4	5	6	7	8	9	10
not at all important to me								extremely important to me		

3. How important is the benefit (pro) of lowering your risk of osteoporosis by taking tamoxifen?

0	1	2	3	4	5	6	7	8	9	10
not at all important to me								extremely important to me		

4. How important is the benefit (pro) of lowering your blood levels of “bad” cholesterol (LDL) by taking tamoxifen?

0	1	2	3	4	5	6	7	8	9	10
not at all important to me								extremely important to me		

5. What other reasons are important to you when thinking about why you might want to take tamoxifen? (please specify any positive factors you have considered and rate their importance to you)

a) \_\_\_\_\_ 0 1 2 3 4 5 6 7 8 9 10

b) \_\_\_\_\_ 0 1 2 3 4 5 6 7 8 9 10

c) \_\_\_\_\_ 0 1 2 3 4 5 6 7 8 9 10  
not at all  
important to me extremely  
important to me

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6. How important is the risk of cancer of the uterus when taking tamoxifen?

0	1	2	3	4	5	6	7	8	9	10
not at all									extremely	
important to me									important to me	

7. How important is the risk of blood clots when taking tamoxifen?

0	1	2	3	4	5	6	7	8	9	10
not at all									extremely	
important to me									important to me	

8. How important is the risk of cataracts (vision changes) when taking tamoxifen?

0	1	2	3	4	5	6	7	8	9	10
not at all									extremely	
important to me									important to me	

9. How important are the side effects from tamoxifen such as hot flashes or vaginal symptoms (itchiness, discharge, dryness)?

0	1	2	3	4	5	6	7	8	9	10
not at all									extremely	
important to me									important to me	

10. What other reasons are important to you when thinking about why you may not want to take tamoxifen? (please specify any negative reasons you have considered and rate their importance to you)

a) _____	0	1	2	3	4	5	6	7	8	9	10
b) _____	0	1	2	3	4	5	6	7	8	9	10
c) _____	0	1	2	3	4	5	6	7	8	9	10
	not at all									extremely	
	important to me									important to me	

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