

Sample Tool: Stage of Decision Making (Pre-Autologous Donation)

Stage of Decision Making

People who will be having heart surgery may be asked to consider self-donating blood before surgery or receiving only volunteer blood from healthy volunteers.

At this time, would you say you;

- haven't begun to think about the choices; (1)
- haven't begun to think about the choices, but am interested in doing so; (2)
- are considering the options now; (3)
- are close to selecting an option; (4)
- have already made a decision, but am still willing to reconsider; (5)
- have already made a decision and am unlikely to change my mind. (6)

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