

Suggested steps for a follow-up visit with your doctor



Review possible pros and cons of treatment choices.

- Ask your doctor to review your worksheet to fill in gaps in information and to further explain what is involved in supportive end-of-life care, intubation and mechanical ventilation.
- Review your list of questions with the doctor.



Clarify your personal importance of the pros and cons.

- Let your doctor know the importance you attach to each of the pros and cons (show your weigh scale).
- Adjust the shading on your weigh scale if you receive new information.



Make a decision.

- Discuss with your doctor and family what makes this decision difficult and the factors that influence your decision.
- Considering the pros and cons and your personal values, decide if you want intubation and mechanical ventilation if your lungs can no longer breathe on their own.



Plan the next steps.

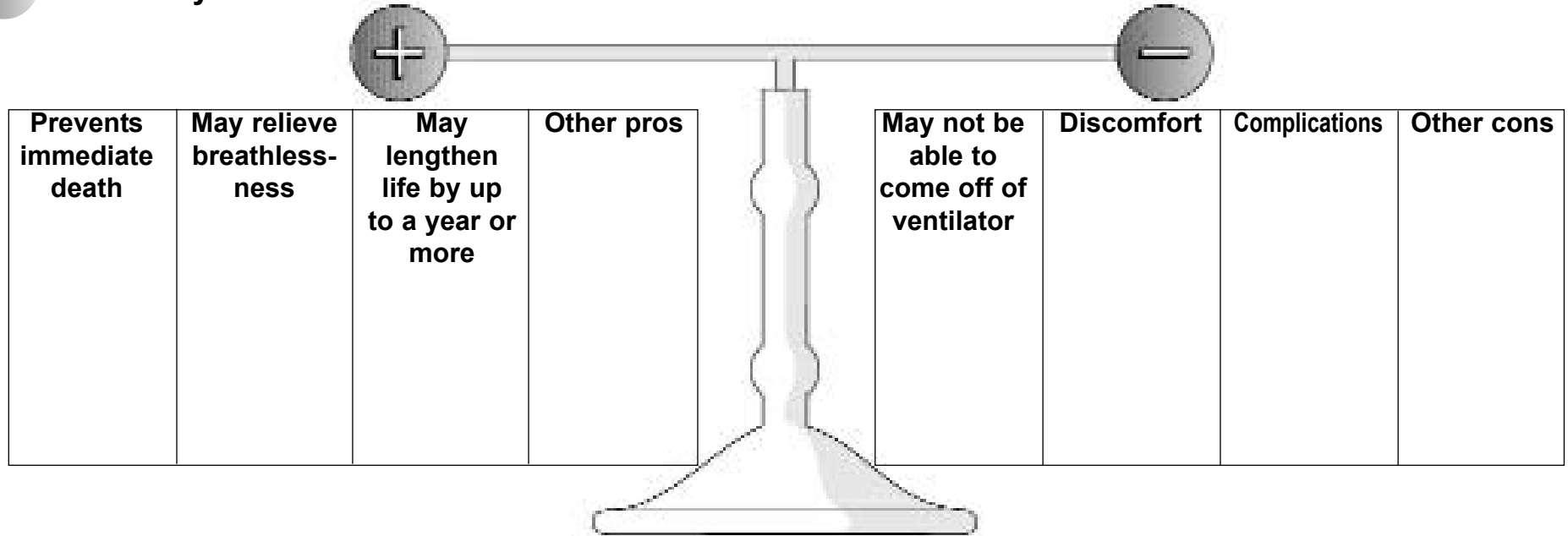
- If you decide to accept intubation and mechanical ventilation if your COPD gets worse, ask your doctor what steps you should take if you begin to have problems breathing.
- If you decide not to accept intubation and mechanical ventilation, ask your doctor what steps you and your family should take if you begin to have problems breathing.
- Discuss this decision with those close to you.
- Discuss the idea of “palliative care” with your doctor and others.
- Consider completing a living will or advanced directive and a power of attorney for personal care.
- Remember that your decision regarding intubation and mechanical ventilation may change.

Your Personal Worksheet

Your Opinion

1 My pros and cons

2 Colour my values



3 My questions

4 Who should decide about this treatment?

- I should decide after considering opinions of others
- My doctor and I should decide together
- My doctor should decide
- I'm not sure

5 My leaning

Intubation & Mechanical Ventilation				Unsure				Supportive end-of-life care				